

BE ARTSY ASSOCIATION,
CHANGING LIVES IN
WEST NEPAL



2024 Activity Report

MESSAGE FROM THE BOARD OF DIRECTORS

This year, we really want to share how proud we are of all the amazing work we've accomplished.

The Nepal team's dedication has been truly inspiring, and the board along with the volunteers have put in so much heart and effort.

Thanks to your trust, we keep changing lives for the better.

A YEAR FILLED WITH REMARKABLE CHALLENGES

This year, 2024, has brought a lot of unexpected challenges our way.

Because of things we couldn't control, one of our main regular supporters didn't send their donation. This situation really affected the project's yearly planning.

We had to take a step back and rethink all our planned activities, and we even had to return or turn down grants that we had already received.

Thanks to the amazing hard work of our team of volunteers and the trust from our partners and collaborators, we've been able to keep the most important activities going to make sure the project continues.

This year, we haven't just gotten through tough times - we've shown our strength, flexibility, and dedication.



VISION AND MISSION

Vision:

A world where menstruation doesn't lead to being pushed aside.

A world where the rights of girls, women, and trans individuals are honored.

Mission:

Let's work together to stop gender discrimination and harmful practices towards women.

Helping women and girls by sharing knowledge about periods and building a supportive community.





PROJECT

💧 Red Bucket (Rato Baltin)

Shattering the
quiet.
Transforming
lives.

RESULTS

- This year, we've chosen to do a little less but make it even better. We've put our energy into support, connecting personally with 729 menstrual cup users and handing out 195 new cups.
- ♦ Full menstrual kits: a bucket, soap, a towel, some books, and a pen.
- ♦ Fun workshops and training sessions in schools and communities.
- ♦ Participatory photography as a way to express ourselves and bring about cultural change.

**"CULTURAL CHANGE ISN'T SOMETHING FORCED UPON US;
IT'S SOMETHING WE NURTURE. THIS YEAR, WE'VE
PLANTED PLENTY OF SEEDS."**

Edufem Initiative

Education as a
protection
against child
marriage.

- Two girls have kept on with their university studies.
- A new student has joined class 11 in Mangalsen.
- 1 student has completed class 12.

**EDUFEM DOES MORE THAN JUST OFFER EDUCATION;
IT HELPS CREATE BRIGHT FUTURES TOO.**





ACTIVITIES DONE IN NEPAL

- Follow-up with cup users in **12 villages** in Achham at 3, 6, and 9 months.
- Menstrual, sexual, and menopausal workshops for women's groups in **two new villages**
- Sexual and menstrual education for boys and girls in **two new schools**, each having their own classes.
- Working together with local health workers and shamans
- Community photography showcases
- Giving materials to schools (books, guides, stories)
- 📍 Important places to focus on: Chaurpati, Binayak, and Mangalsen
- 👥 2,654 people taking part directly
- 👨👩 Over 13,000 people benefiting indirectly

ACTIVITIES BEYOND NEPAL

IN 2024, WE ORGANIZED A BUNCH OF ACTIVITIES TO PROMOTE THE RATO BALTIN PROJECT, SPREAD THE WORD IN OUR AREA ABOUT THE CHALLENGES WOMEN FACE IN NEPAL, AND BRING IN FUNDING AND NEW PARTNERS.

- From January 10 to February 5, Josep V. Marín, who is part of be artsy, put together an exhibition and sale of artwork at the Operativa in Ripoll, with a portion of the profits going to the NGO.
- March: In celebration of women's rights, the exhibition "Menstruation in Nepal: A Cultural Torment" was showcased at the Operativa in Ripoll.
- March 9: Volunteers from be artsy headed to Ripoll to share insights about the exhibition and the Rato Baltin project.
- March 10: We took part in a roundtable chat in Barcelona about the role of women in Nepal, during the book presentation by Cristina Morales, who founded the NGO Amics del Nepal (fiends of Nepal).
- In 2024, we took part in three editions of "La Volta" at San Narcís, a local cultural initiative in the San Narcis neighbourhood of Girona, to share our project and gather some funds.
- May 1: Joining the L'Escala Entities Fair.
- On June 1st, joined our friends from the La Vida en Rojo association at the menstrual culture fair in Rubí.
- La Mola Market, L'Escala: We've set up our stand there at least 14 times.
- July and August: Each Thursday, volunteers have been at the Riba Market in l'Escala to share information about the project.
- Translation into Catalan of Organic Law 1/2023, dated February 28, which amends Organic Law 2/2010, dated March 3, regarding sexual and reproductive health and the voluntary termination of pregnancy with @menstruallyspeaking @associaciolavidaenrojo

ACTIVITIES BEYOND NEPAL

- Boka Market: Throughout the 15-day event, we set up a stand to showcase the project and get new members.
- Early September: Joining the Animal Fair hosted by BisbalGat in Peratallada.
- September 4: Joined the first Health and Cooperation Hub for the Girona area, put together by the Solidàries de Girona NGO Coordinator.
- September 6: We're excited to present our project at the Yatethaigo venue (Poniclub Girona, Domeny, Sant Gregori), reaching out to more people!
- September 13: We shared our project with 200 amazing female athletes at the Sweet Aloha event held at the La Ballena Blava campsite.
- September 24: An exhibition is being set up in San Sebastián at the Faculty of Psychology of the University of the Basque Country, along with a guided tour for students.
- 20 October, joining the apple fair in Ullà with a Info booth.
- November 1st Info spot at the Breta Market in Empúries
- November 4th: Health and Cooperation Hub at the UdG with the coordinator.
- November 7, info booth at the Colomers Christmas market.
- On November 16th at Vilamitjana Park, there will be an information booth and a chance to find partners at the event to support the victims of Valencia Dana disaster (Vilamitjana Park, Girona).
- From December 21st to January 4th, you can find the information point at Jocs l'Escala (an activity organized by UBET L'Escala).
- December 31st and January 1st - Enjoying mulled wine and making donations to the chapel, all thanks to Jacqueline from Vidreres!

 **OVER 10,000 PEOPLE HELPED SPREAD THE WORD**  **THANKS TO THE AMAZING SUPPORT FROM VOLUNTEERS, ARTISTS, AND FEMINIST GROUPS**

OTHER TASKS WE'VE DONE BEYOND NEPAL

- Communication campaigns supported by a grant from the ACCD.
- Revamp of the Rato Baltin project logo.
- Look for grants and justifying last year grants.
- Organize a migranodearena fundraising to get more funds for the project.



PARTNERSHIPS WITH UNIVERSITIES

Chemical Institute of Sarrià (IQS)

We're teaming up with the IQS to explore how to use soap nuts (Riita) to make natural powdered soap. Our aim is to provide rural women in Nepal with an affordable and eco-friendly option. We're still on the journey!

University of Girona (UdG)

Communication students created two television spots to shine a brighter light on the project.

University of the Basque Country (UPV/EHU)

We made a deal for two psychology students to intern for three months each year on the Rato Baltin project, helping to empower girls and women.

180 Degree Consulting

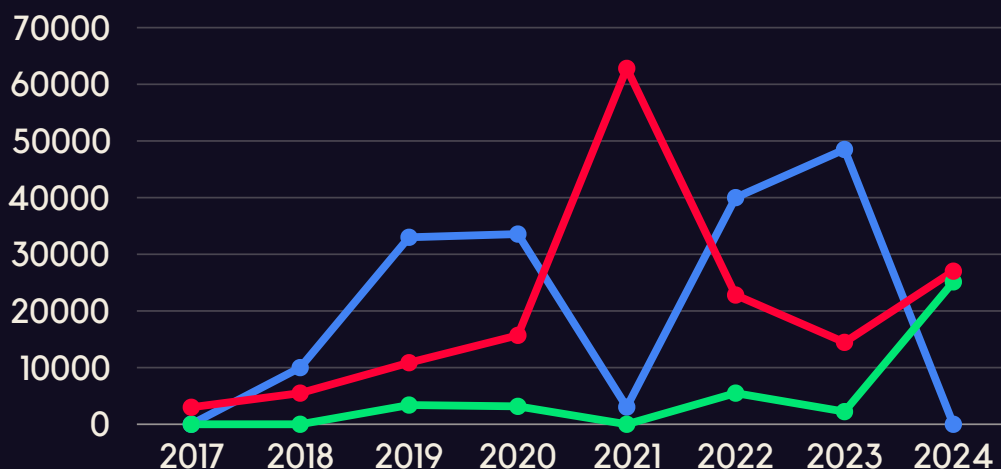
We teamed up again with 180DC, getting some great advice to make our projects even better!

A big thank you to all the universities and students for your dedication!



WHERE THE MONEY HAS COME FROM THROUGHOUT THE YEARS

375.667 €



... ABOUT KEEPING FINANCES STRONG AND HEALTHY

Support from foundations and public organizations, although really helpful, can be unpredictable and often hard to foresee.

We can't rely on grants that change every year due to outside factors to shape the future of be artsy.

What we truly need is to boost our private funding base, as this will provide us with stability and help us plan for the long haul.

In 2021, we saw some really impressive revenue, thanks to the COVID-19 situation and a bunch of crowdfunding campaigns that kicked off right from Nepal.

In 2024, though, a big chunk of the funds came from charity fairs and events put together by volunteers in Catalonia.

So, we really want everyone to get involved with the NGO and set up fun little charity events in their neighborhoods, like markets, talks, concerts, school activities, and more!

Every little action matters in keeping the project going and changing lives.

IMPACT

88.501

Direct beneficiaries
from 2017 onward

5.080

People who use
menstrual cups

97.4

Embracing the
menstrual cup.



We really couldn't
have done it without
your *generosity!*

Thank You!

A big shoutout to all the associates, donors, and volunteers, and of course, a huge thank you to Ruby Cup!

The future of be artsy is shaped by amazing people like you.

Every new member and every event that pops up anywhere in the world brings us a step closer to a world free of taboos.

✉ info@beartsy.org

🌐 <https://beartsy.org>

📷 @ngobeartsy

☎ +34 644 27 44 73

Join us in expanding the network and making a difference in lives. Change starts with taking action!





2024
Project



