# 2021 ANNUAL ACTIVITY REPORT



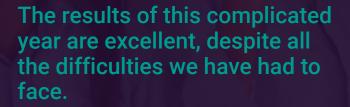
**EMPOWERING WOMEN WITH ART** 



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### A MESSAGE FROM OUR MANAGEMENT TEAM



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We continued doing a good work, using the Rato Baltin project as our base and also, we have been learning how to educate and to give better support to the women.

The challenges que faced implementing the project in 2021 where due to COVID-19, but despite the limitations, our local instructors are fully motivated and disposed to continue to work and generate change in their community.

# VISION

FIGHTING POVERTY, THE EXCLUSION OF WOMEN FROM SOCIETY AND RETURNING THE WOMEN THEIR DIGNITY.

IMPROVE LIFE IN LOCAL COMMUNITIES AND MINORITIES, WITH SPECIAL EMPHASIS ON HUMAN RIGHTS OF WOMEN, GIRLS AND TRANSSEXUAL PEOPLE, AND THE TOPICS THAT AFFECT THEM.

# MISSION

Our goal is to work with minorities from any part of the world to facilitate expression and communication. We see creative initiatives as a method of auto-evaluation, self-discovery, and communication.

Provide practical resources that capacitate them to bring change and transformation on their own.

We value and welcome those who seek us out, contribute ideas, projects, and cooperations to accomplish the joint goals.



### **RATO BALTIN**

Despite the long confinement in 2021, we worked in 16 out of the 19 remote villages we had planned, because of changing our approach and we adapted to the situation. We were able to distribute 971 menstrual cups to new users.

Achham - - -

Kathmandu -

#### HAPPY WOMEN EDUCATION CENTER

Be artsy has worked to achieve a big change in the lives of Achham's widows by empowering underprivileged women, restoring their dignity and rights, and by educating them and providing them work.

This helps women and girls who cannot go to school and at the same time they help to make the Rato Baltin project more sustainable.

#### **OXYGEN FOR NEPAL**

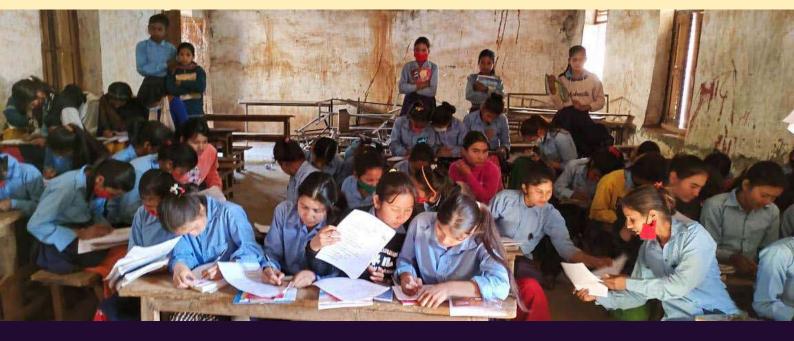
The second wave of COVID-19 plunged Nepal into a new, mortal health crisis. Be artsy raised 18,000 € to acquire and distribute oxygen cylinders with capacities of 10 and 40 litres, oxygen-flow regulators, and safety-kits including PPE, masks, gloves, oximeters, and thermometers.

#### EDUFEM 2019/2020

Four girls were able to avoid child marriage by going to school to study grade 11 and two other girls continued their studies with grade 12. All the girls collaborated with the Rao Baltin project 2019 and worked with us during their vacation.

### 2021

- DURING 2021 WE HIRED A PROJECT MANAGER, 2 TEAM LEADERS, 1 ADMINISTRATOR, 13 INSTRUCTORS (7 WOMEN AND 6 MEN), 14 ASSISTANT INSTRUCTORS, AND 4 WIDOWS IN ACHHAM, NEPAL. AS THEY FORM PART OF THE RATO BALTIN PROJECT THEY EARN A WAGE, WHICH MAKES THEM FINANCIALLY MORE INDEPENDENT. THIS EXPERIENCE WILL MAKE THEM LEADERS OF THEIR COMMUNITIES. WITHIN THE EMERGENCY PROJECT WE ALSO HIRED VARIOUS WOMEN TO HELP MAKE MASKS.
- WE ENDED 2021 WITH 55 PARTNERS AND WE NEED MORE!



### 89.468 €

#### WE DISTRIBUTED:

- ▶ 971 MENSTRUAL CUPS.
- ▶ 11,925 CLOTH FACE MASKS.
- 175 PACKS OF SANITARY NAPKINS (2 INTERIORS + 1 EXTERIOR + BAG) AND FOOD IN ACHHAM TO 625 PEOPLE DURING THE CONFINEMENT!
- OXYGEN AND HELP FOR 1,737 OTHER PEOPLE DURING THE MORTAL, SECOND WAVE OF COVID!

## 11.812

- DIRECT BENEFICIARIES IN NEPAL!
- THE FAMILIES OF THE DIRECT BENEFICIARIES ALSO TAKE BENEFIT. IN THIS CASE THE NUMBER COULD BE MULTIPLIED BY 5!



### 3.694

- BENEFICIARIES IN OTHER PARTS OF THE WORLD.
- BOTH IN CATALONIA, WITH LECTURES, EXPOSITIONS, AND THE MARKETS OF BEA AND CLARA, AS IN OTHER PARTS OF THE WORLD, THANKS TO NEW TECHNOLOGIES.

#### **PROJECTS IN NEPAL**

- Rato Baltin Project.
- Happy Women Project.
- Edufem Project.
- Business training to promote local businesses.
- Oxygen for Nepal isolation centre, oxygen, and help, related to the second COVID wave.
- Help to get food for COVID-19 patients and their families at the hospital of Mangalsen.

### **EXPOSITIONS AND MARKETS**

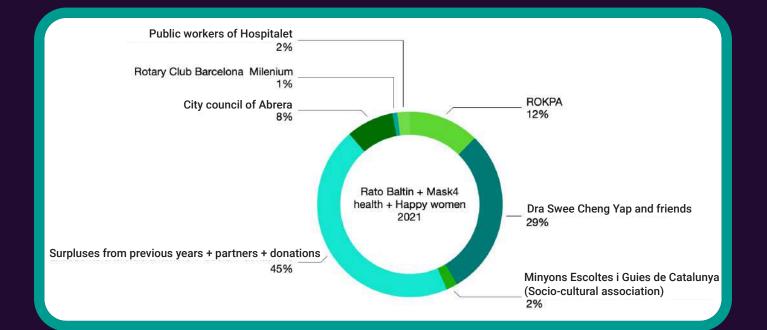
- Library in la Garriga.
- Library in Barberà del Vallès.
- Markets in different places in Catalonia, run by our partner "Vulvita Compresas de Tela" (Vulvita reusable cloth sanitary pads).
- Market and diffusion by our collaborator "Te Tela La Cosa".

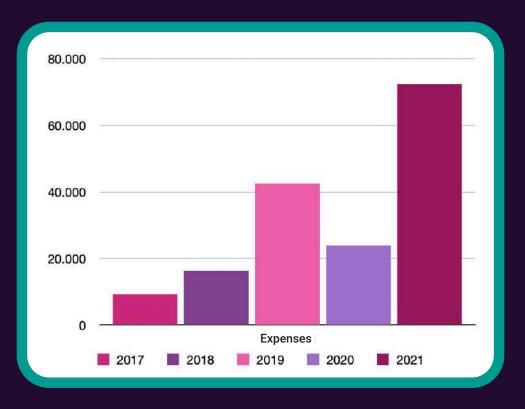
#### **CONFERENCES**

- Library in la Garriga.
- Lecture with the Chhaupadi organization of the USA.
- Galentine's event in North America (Canada and USA).
- Panel with MissionRed.
- Global Cleveland Panel: Menstrual Equity in International Communities.
- Lecture International feminist activism with the Centre College Feminists Club.
- Round table menstrual poverty.
- Menstruita.
- Conference in Navarra (Aizarotz).
- Conference at the University of Barcelona, within the master of creation of international cooperation projects.
- Lecture with Miriam Montey for the adolescents of Figueres.
- Collaboration with York University, Toronto.

# FINANTIAL INFORMATION

### WHERE DO WE GET OUR FINANCING TO ACCOMPLISH OUR GOALS?





## **IMPORTANT NUMBERS OF THE PROJECT**

#### **5 YEARS INTO THE PROJECT:**

The acceptance rate is of 96,05% and 8% of the girls who refused the cup said they were scared of using it or they thought it to be complicated or painful.



















#### **COLLABORATORS:**

During 2021 we had the pleasure of working with collaborators and donors from many different various parts of the world:



#### **VOLUNTEERS:**

FRANCE CANADA USA AUSTRALIA SINGAPORE SPAIN MALAYSIA



#### DIFFICULTIES

This year, 2021, we achieved to maintain our team in situ, despite the sanitary measures due to COVID-19. Thanks to the good will of the instructors the continuance of the project was successful, and we established quite a few workshops.

Unfortunately, we were informed by our instructors that patriarchy is deeply rooted in the beliefs of the communities in which we work. The instructors granted more importance to the things that the male instructors said, even though it was the first time they were part of the project, and they did not know it well enough.

Many of the male instructors took privileges (with the consent of the female instructors and the Nepalese director of the project) that the women never had, such as going home in the middle of the training. These biases were rampant, and when we realized during monitoring that this was exceeding their own perception, we discussed it with the teams. We talked about the problem, and everyone realized that internally the men took these privileges for granted. In the end, they stopped doing it, understanding the gendered microaggressions of their behaviour, of which they had not been aware until this moment.

#### **FUTURE PLANS**

From now on there will be only one team working all year round in Achham, because we decided we cannot have one guy and 7-8 girls traveling and working together. This would have been a logistical and culture shock, since guys cannot share a sleeping space with girls and generally space is very tight. To promote a safe environment, the team decided to change the methodology and have a girl show the kids curriculum to the guys, but always with the help of one or two teachers in the classroom. Thus, teachers can learn new things while instructors feel more secure.

Our plan is to have the staff made up entirely of girls from Achham. We will employ at least 2 girls from each new village to wors as mentors/ social mobilizers and help the instructors once a month, for one year. Today, the mentors from other years are instructors and team leaders. We will continue our strong work through the Rato Baltin project.

he participants of the Happy Women project are already trained to continue making sanitary napkins, masks, necklaces, and pickles. During 2022 we will continue to create training sessions for widows and try to find innovative, organic, and natural products that can be sold in Achham. Our goal is to continue to support economic mobility and independency.

#### PARTNER UP WITH US NOW, WE REALLY NEED YOU!

Website: beartsy.org Instagram: @ngobeartsy Facebook: @beartsyNGO Twitter: @beartsyNGO





# THIS ACTIVITY REPORT HAS BEEN APPROVED BY ALL MEMBERS OF THE EXECUTIVE BOARD BEFORE THE ASSEMBLY.