

ANNUAL ACTIVITY REPORT 2019



ASSOCIACIÓ BE ARTSY

be
artsy

A MESSAGE FROM THE DIRECTOR



2019 has brought us enormous challenges, but we have learned a little more about dealing with any problems that come our way. The results are encouraging and encourage us to continue with this project. This year was the year we had to set aside our goal to decide whether to continue this project or not. And now, more than ever, it is clear that the women from Western Nepal deserve to have a decent life, and as an organization, we must work hard to achieve it. Thank you very much to the stakeholders for all the support we have received; we would not have been able to do this alone. We will continue to grow and learn more in the future.

CLARA GARCIA I ORTÉS

Executive Director



MISSION

The mission of be artsy is to support communities in developing countries (through artistic and creative activities) with tools to improve communication and open spaces for critical reflection to carry out those internal changes that they consider necessary.

OUR VISION

The fight against poverty and the exclusion of women from society and also restoring their dignity



2019

PROJECTS AND ACTIVITIES

- EDUFEM Project
- Rato Baltin Project
- Pilor Project in Nuwakot
- Exhibitions in libraries and associations
- Talks at libraries and other events
- Talks at events
- Talks at High Schools
- Information and spreading awareness via media

2019, in a simple glance.

During 2019, we have employed one project manager, two trainee coordinators, five trainers and fourteen mentors in Achham, Nepal:

As employees in the Rato Baltin project, they earn a salary that makes them more financially independent. This experience will make them leaders in their community and allow them to develop new skills they can use in the future.

49.716 €

Contributions from the Ruby Cup (81.000€), allowed us to allocate the appropriate fundings to support the NGO.



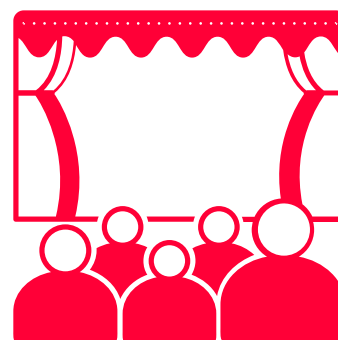
7.829

Women and girls have been most of the direct beneficiaries in Nepal! Each direct beneficiary has a family that also benefits!



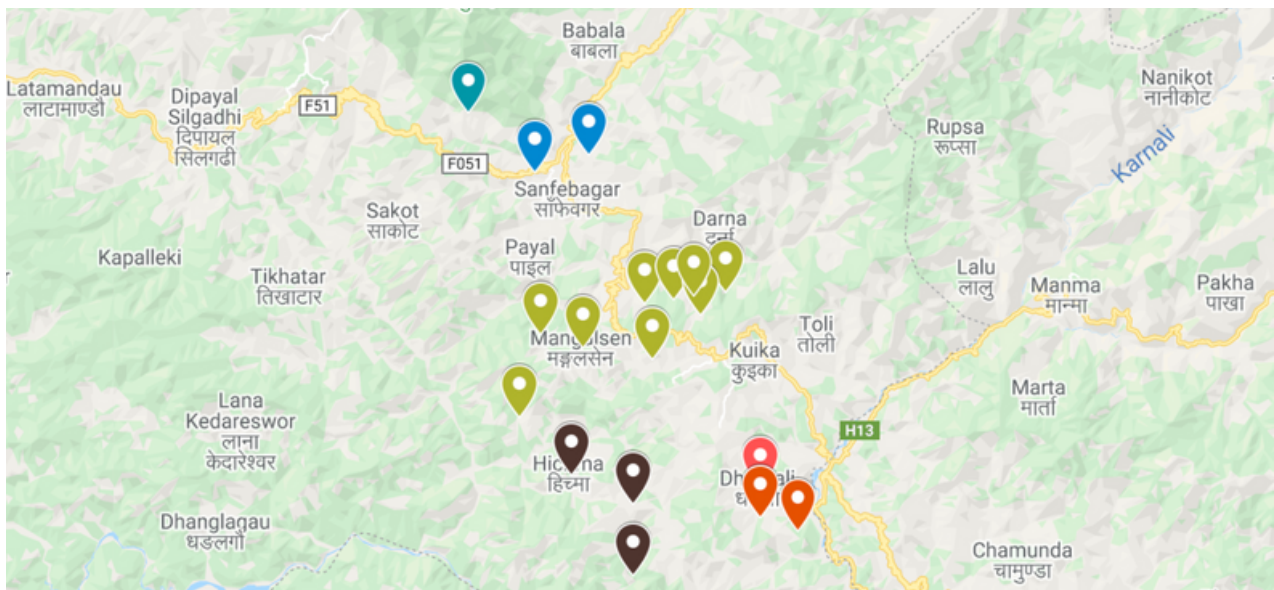
2.809

Beneficiaries in Catalonia (Spain): The public from the conferences both Beatriz and Clara have been offering, and visitors to the exhibitions.



18 remote villages in Achham

| | | |
|------------|-----------------|--------------|
| Patakot | Toshi | Dhakari |
| Sirkot | Dhamali | Hichma |
| Khalsen, | Raniban | Dhungachalna |
| Birku, | Mangalsen 4 | Kalgaun, |
| Bannatoli, | JanalaiBandali, | KuntiBandali |
| Jupu | Oligaun | Basti |



2 remote villages in Nuwakot

| | |
|--------|-------------|
| Taruka | Tarakeshwar |
|--------|-------------|





4 Conferences

- Bonaimesson Library of Barcelona
- Blogger event at Sitges
- Central Library at Santa Coloma de Gramenet
- Municipal Library L'Ateneu d'Esparreguera

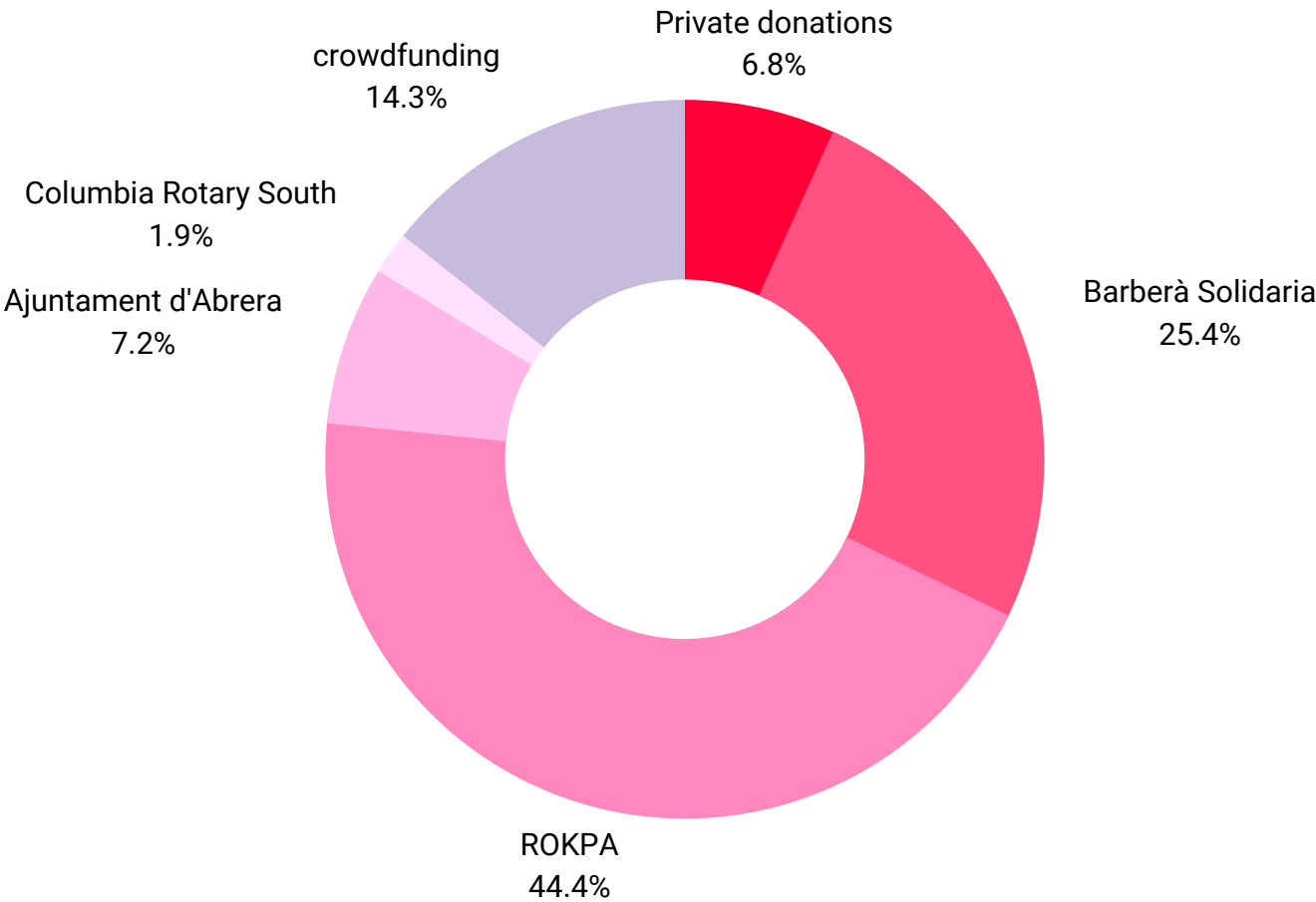
6 Exhibitions+Conferences

- Poble Sec-Francesc Boix Library in Barcelona
- Donaveu Associació de Dones de Tona - Bibl Caterina Figueras
- El Clot Library - Josep Benet of Barcelona
- Municipal Library L'Ateneu d'Esparreguera
- Gabriel Ferrater Library in Sant Cugat del Vallès
- Central Library of Cornellà de Llobregat



FINANCIAL INFORMATION

How do we get our funding in order to attain all of these
achievements?



contributions

| Private donations | 3.197 |
|-----------------------|--------|
| Crowdfunding | 6.766 |
| Barberà Solidària | 12.000 |
| ROKPA INTERNATIONAL | 21.000 |
| Ajuntament Abrera | 3.392 |
| Columbia Rotary South | 902 |
| | 47.257 |

3 years with this project:

IMPORTANT
NUMBERS FROM
THE PROJECT:

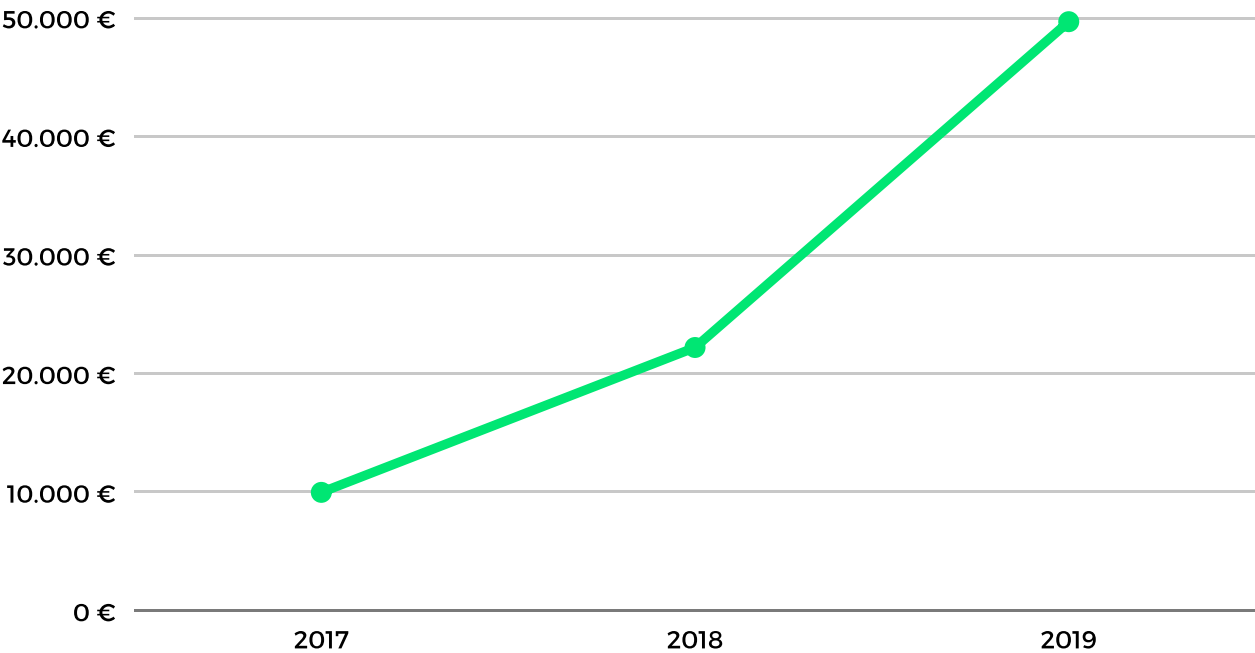
Resources
Used

92%

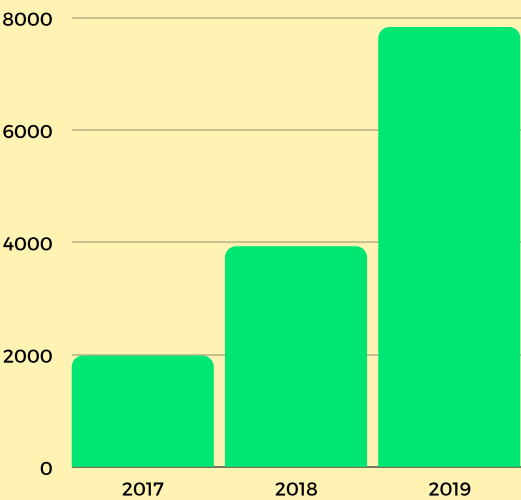
Acceptance of the
menstrual cup

49%

Changes in the Chhaupadi



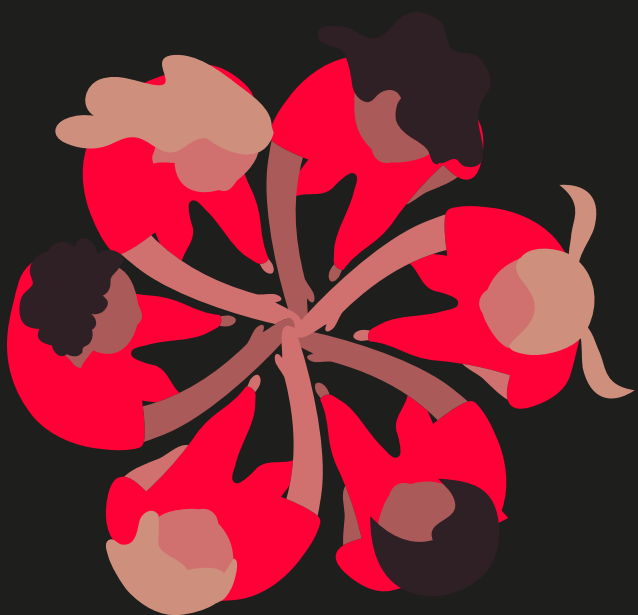
Direct
Beneficiaries



COLLABORATORS:



During 2019, we had the opportunity to have collaborators and donors from various parts of the world:



Volunteers:

Australia
US
Canada
England
Italy
Spain
Nepal

Romania
Germany
France
Argentina
Chile
Turkey
Switzerland

Difficulties:

We have experienced how difficult it is to work in the country because of the Nepalese government and the Social Welfare Centre (SWC) work. We want all our projects to be carried out with maximum transparency and legitimacy.

Importing the menstrual cups to the country was neither easy nor cheap. After a lot of work, the NGO that made us a local counterpart was able to receive them, but at the last minute. Likewise, we also had problems with the municipality of Sanfebagar. Our Achhami counterpart, Samabikas Nepal, misused the money for the Rato Baltin project allocated by the mayor of Sanfebagar municipality. They were working very poorly, to the point that they exposed a team of girls to the Chhaupadi, and from there, we decided to not work with them anymore:

We also had a donor fall through at the last minute, so we had to re-organize the project designed for 2019 due to lack of funds and learn how to adapt to what we had. For example, instead of doing the planned monthly follow-ups, we could only do a follow-up every two months. This way, we would spend less on salaries but still be able to evaluate the use of menstrual cups in an effective way. However, the trainers and mentors have not been able to work in the field every month and work as social facilitators to help the girls stop the Chhaupadi tradition. We hope that by next year we will have sufficient funds in order to be able to do this.

Plans for the future:

This year, we have managed to maintain four different teams working on this project simultaneously.

The survey results show that our initial idea, which was if menstrual cups can break the taboos surrounding menstruation and Chhaupadi, does work. However, our evaluation of the program also shows the need to implement future changes, such as our continued presence in the municipalities and villages where our project takes place.

We have seen the need to design a workshop component aimed at men/boys and disseminate knowledge of MHM and sex education holistically. We will continue by implementing a group workshop only for boys assisting school that will take place in 2020.

For next year, the project will not be expanded by going to many other villages. Instead, we will focus on getting people to work on the program throughout the year. We will try to reach more women and help them stop the Chhaupadi by assisting and encouraging them with the help of mentors and training visits. Our staff in the area will be made up exclusively of local women/girls from Achham. We want to hire at least two mentors from each town as social mobilizers and simultaneously as assistant trainers, where she will visit the village every month and throughout the year.

THANK
YOU FOR
MAKING
THIS
POSSIBLE.



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